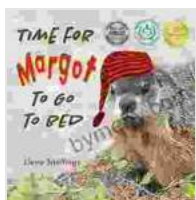
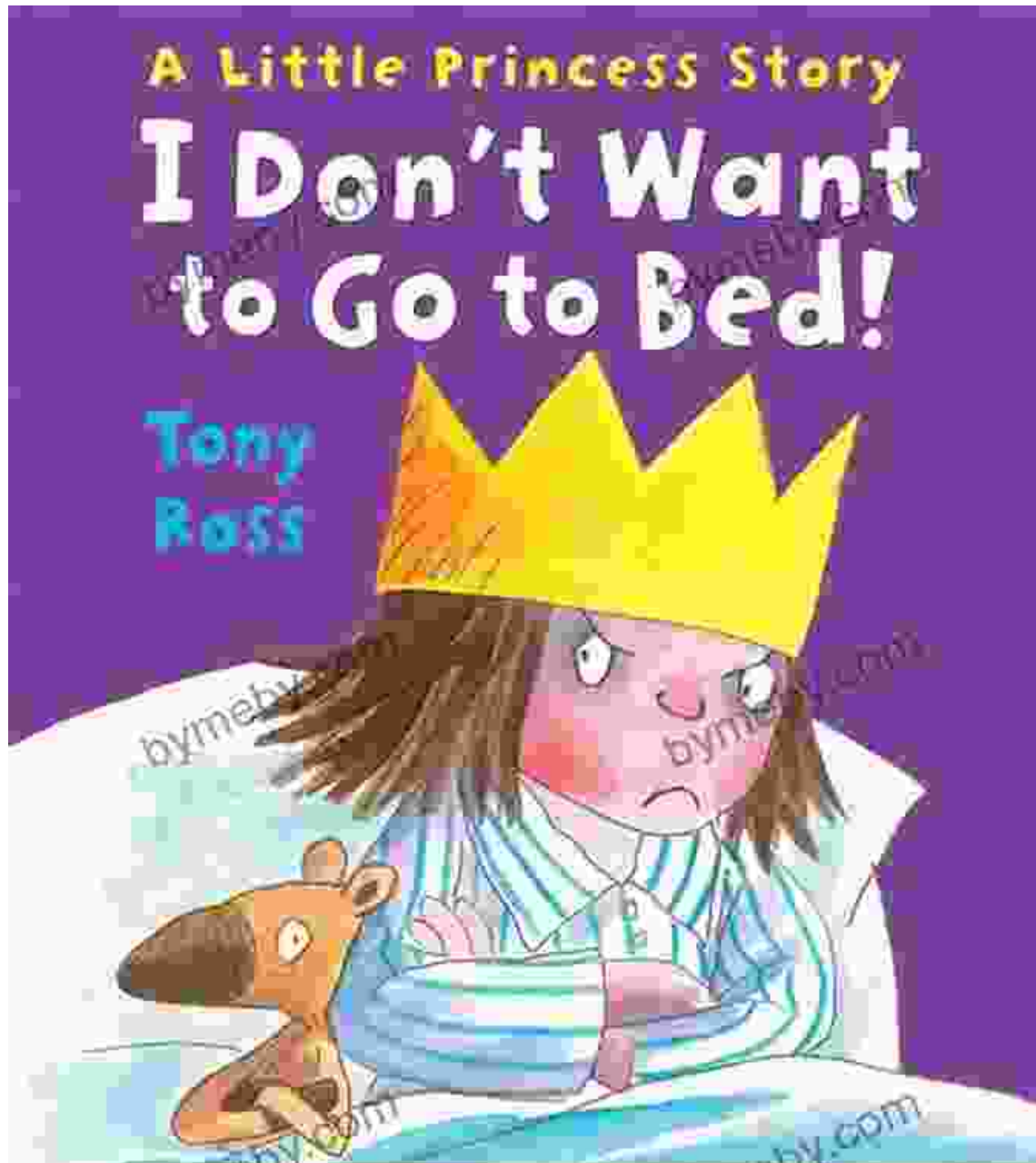


Time for Margot to Go to Bed: A Bedtime Story to Relax the Mind and Promote Sleep



Time for Margot to Go to Bed: A Picture Book about Friendship (Margot the Groundhog and her North American Squirrel Family) by Lieve Snellings

★★★★★ 4.7 out of 5

Language : English
File size : 17459 KB
Print length: 38 pages
Lending : Enabled



Time for Margot to Go to Bed is a beautifully illustrated bedtime story that helps children relax their minds and bodies, and drift off to sleep peacefully. With soothing words and calming imagery, this book is the perfect way to end the day and prepare for a restful night's sleep.

Margot is a little girl who loves to play and have fun. But when it's time for bed, she often has trouble winding down and falling asleep. One night, her mother introduces her to a new bedtime routine that helps her to relax and drift off to sleep peacefully.

Margot's new bedtime routine includes taking a warm bath, listening to calming music, and reading a bedtime story. She also learns how to do deep breathing exercises to help her relax her body and mind. As she follows her new bedtime routine, Margot finds herself feeling more and more relaxed and sleepy. Soon, she is drifting off to sleep, surrounded by the love and warmth of her family.

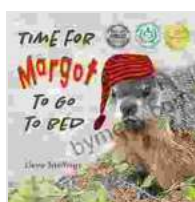
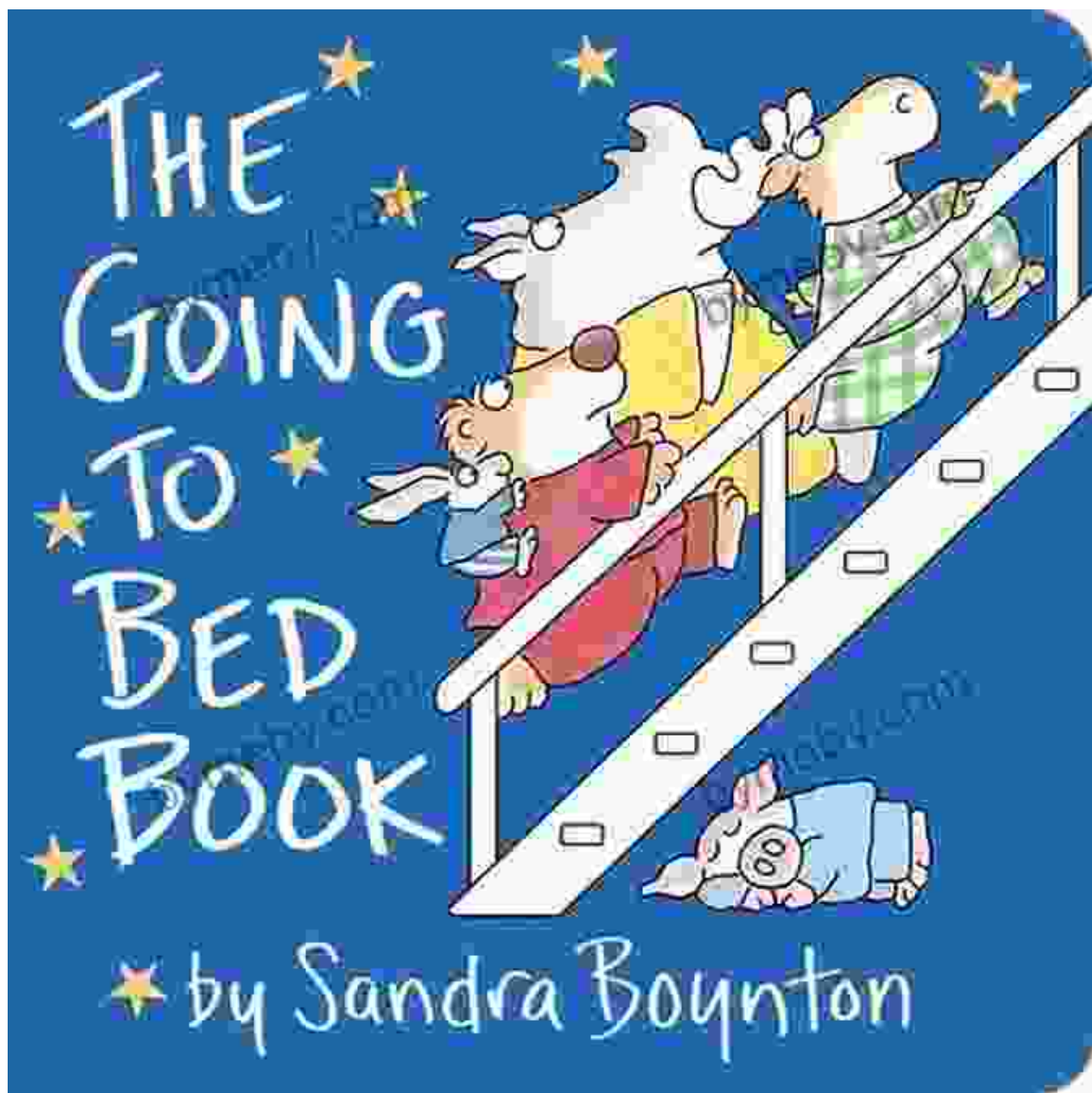
Time for Margot to Go to Bed is a heartwarming and reassuring bedtime story that will help children of all ages to relax and fall asleep peacefully. With its soothing words and calming imagery, this book is the perfect way to end the day and prepare for a restful night's sleep.

Benefits of Time for Margot to Go to Bed

- Helps children to relax their minds and bodies
- Promotes restful sleep
- Teaches children how to do deep breathing exercises
- Reassuring and heartwarming
- Perfect for children of all ages

Free Download Your Copy Today!

Time for Margot to Go to Bed is available now from all major book retailers. Free Download your copy today and help your child get the restful sleep they need!



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