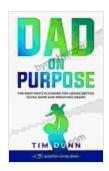
The Busy Dad Playbook: For Loving Better, Doing More, and Breathing Easier

Are you a busy dad who feels like you're always running behind?

Do you wish you had more time to spend with your family? Do you feel like you're not ng enough for your kids? Do you worry that you're missing out on the important moments in their lives?



Dad On Purpose: The Busy Dad's Playbook for Loving Better, Doing More and Breathing Easier by Tim Dunn

★ ★ ★ ★ ★ 4.8 out of 5 Language : English File size : 1748 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 230 pages Lending : Enabled



If so, then The Busy Dad Playbook is for you.

The Busy Dad Playbook is a comprehensive guide for fathers who want to be more present, engaged, and effective in their families. It provides practical tips and strategies for managing time, prioritizing tasks, and building strong relationships with children and spouses.

In this book, you will learn how to:

- Set priorities and manage your time effectively
- Delegate tasks and ask for help
- Communicate effectively with your family
- Build strong relationships with your children
- Create a more balanced and fulfilling life

The Busy Dad Playbook is not a magic bullet. It will not solve all of your problems overnight. But it will give you the tools and strategies you need to make a real difference in your life and the lives of your family.

If you are a busy dad who wants to be a better husband, father, and role model, then The Busy Dad Playbook is for you.

Free Download your copy today!

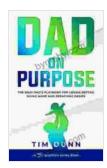
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About the Author

Steve Sisgold is a father of three and the author of The Busy Dad Playbook. He is a certified life coach and speaker who helps busy dads find more time, energy, and purpose in their lives.

Steve has been featured in The New York Times, The Wall Street Journal, and The Huffington Post. He has also appeared on The Today Show, Good Morning America, and CNN.

Steve's mission is to help busy dads create a more balanced and fulfilling life. He believes that every dad can be a great dad, even if he is busy.



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