

# Only Everything True Love: A Journey Through Heartbreak, Healing, and Finding Your True Self



## Only Everything (True Love Book 1) by Kieran Scott

★★★★☆ 4.1 out of 5

Language : English

File size : 2608 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 337 pages



Only Everything True Love is a memoir that chronicles the author's journey through heartbreak, healing, and finding her true self. It is a story of love, loss, and ultimately, hope.

The book begins with the author's childhood, which was marked by abuse and neglect. She was often left alone and felt like she was invisible to her parents. As a result, she developed a deep sense of shame and unworthiness.

In her early twenties, the author met a man who seemed like the perfect partner. He was handsome, charming, and successful. But their relationship quickly became abusive, both physically and emotionally. The author was constantly belittled and controlled, and she felt like she was losing her mind.

After years of abuse, the author finally found the courage to leave her relationship. She was devastated, but she knew that she had to get away in Free Download to heal.

The journey to healing was long and difficult, but the author eventually found her way back to herself. She learned to love and accept herself, and she discovered her own inner strength.

Only Everything True Love is a powerful and inspiring memoir that offers hope to anyone who has ever been through heartbreak. It is a story about the strength of the human spirit and the power of love.

## **Reviews**

"Only Everything True Love is a must-read for anyone who has ever loved and lost. It is a story of heartbreak, healing, and ultimately, hope. The author's journey is one that will resonate with readers of all ages." -

### ***Booklist***

"Only Everything True Love is a powerful and inspiring memoir. It is a story of resilience and hope, and it will leave readers feeling empowered and uplifted." - ***Publishers Weekly***

"Only Everything True Love is a beautifully written and deeply moving memoir. The author's journey is one that will stay with me long after I finish reading it." - ***Library Journal***

## **About the Author**

The author is a writer and speaker who has dedicated her life to helping others heal from heartbreak. She is the founder of the Heartbreak

Recovery Institute, a non-profit organization that provides support and resources to people who are struggling with heartbreak.

The author's writing has been published in a variety of magazines and newspapers, including The New York Times, The Washington Post, and The Huffington Post. She has also appeared on numerous television and radio shows, including The Today Show, The Oprah Winfrey Show, and Good Morning America.

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