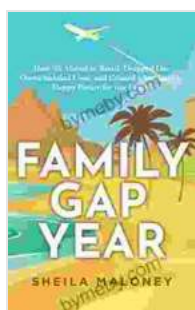


How We Moved to Brazil, Dropped Our Overscheduled Lives, and Created a Sustainable Paradise

We were tired of the rat race. We were tired of the constant hustle and bustle of city life. We were tired of being overscheduled and stressed out. We longed for a simpler life, a life where we could connect with nature and live more sustainably.



Family Gap Year: How We Moved to Brazil, Dropped Our Overscheduled Lives, and Created a Sustainable, Happy Future for our Family by Sheila Maloney

★★★★☆ 4.6 out of 5

Language : English
File size : 1456 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 167 pages
Lending : Enabled
Screen Reader : Supported



So, we decided to make a change. We sold our house, quit our jobs, and moved to Brazil. We bought a small piece of land in the rainforest and set about creating the sustainable paradise we had always dreamed of.

It wasn't easy at first. We had to learn how to live off the land, how to build our own home, and how to generate our own electricity. But we were

determined to make it work. And slowly but surely, we did.

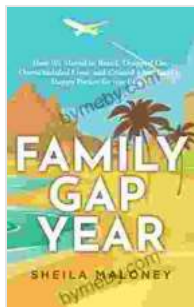
We now live a life that is rich in both material and spiritual wealth. We grow our own food, raise our own animals, and generate our own energy. We live in harmony with nature and our community. And we are happier and healthier than we have ever been.

If you are considering making a similar move, we encourage you to do it. It is not always easy, but it is worth it. Here are a few tips to help you get started:

- Do your research. Make sure you know what you are getting yourself into before you make the move. Research the climate, the culture, and the cost of living in your new country.
- Learn the language. This will make it much easier to communicate with the locals and to integrate into your new community.
- Be prepared to live a simpler life. You will need to learn how to do things for yourself, such as growing your own food and building your own home.
- Be patient. It takes time to adjust to a new culture and way of life. Don't get discouraged if you don't see results immediately.
- Be open-minded. You will learn a lot from your new experiences and from the people you meet. Embrace the differences and be willing to try new things.

We hope that our story inspires you to make a change in your own life. If you are tired of the rat race and you are longing for a simpler, more sustainable life, then we encourage you to take the leap. It is worth it.

We wish you all the best on your journey!



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