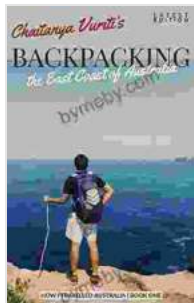


Backpacking the East Coast of Australia: An Ultimate Guide to Adventure



Backpacking the East Coast of Australia (HOW I TRAVELLED AUSTRALIA Book 1) by Katharine Branning

★★★★☆ 4.6 out of 5

Language	: English
File size	: 80929 KB
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
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Word Wise	: Enabled
Print length	: 133 pages
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Australia's East Coast is a backpacker's paradise, offering a diverse range of experiences from vibrant cities to pristine beaches, stunning national parks to lush rainforests. Whether you're a seasoned traveler or a first-time backpacker, this ultimate guide will provide you with everything you need to know to plan your epic adventure.

Itinerary

The East Coast of Australia is a vast and diverse region, and the best way to experience it is to spend several months backpacking. Here's a suggested itinerary that will give you a taste of everything the region has to offer:

- **Sydney (2-3 days):** Start your journey in the iconic city of Sydney, known for its stunning harbor, world-class beaches, and vibrant nightlife.
- **Byron Bay (1-2 days):** Head north to the laid-back town of Byron Bay, a popular destination for surfers and yoga enthusiasts.
- **Gold Coast (1-2 days):** Continue north to the Gold Coast, home to some of Australia's best theme parks and beaches.
- **Brisbane (2-3 days):** Explore the subtropical city of Brisbane, with its lively cultural scene and riverside parks.
- **Fraser Island (2-3 days):** Take a ferry to Fraser Island, the world's largest sand island, and explore its pristine beaches, towering sand dunes, and unique wildlife.
- **Whitsunday Islands (2-3 days):** Cruise out to the stunning Whitsunday Islands, a group of 74 idyllic islands surrounded by

turquoise waters.

- **Cairns (2-3 days):** Venture further north to Cairns, the gateway to the Great Barrier Reef, the world's largest coral reef system.
- **Port Douglas (1-2 days):** Relax in the charming town of Port Douglas, known for its luxury resorts and upscale dining.
- **Uluru (2-3 days):** Take a detour to Uluru (Ayers Rock), a UNESCO World Heritage Site and one of Australia's most iconic landmarks.

Accommodation

There are a variety of accommodation options available for backpackers on the East Coast of Australia, including hostels, guesthouses, and campsites. Hostels are a great way to meet other travelers and save money on accommodation. Guesthouses offer more privacy and comfort than hostels, but are generally more expensive. Campsites are a good option for budget travelers who want to be close to nature.

Food

Australia offers a wide range of cuisines, from traditional Aussie favorites to international fare. You'll find everything from fish and chips to sushi to Vietnamese pho. Eating out can be expensive, but there are plenty of ways to save money on food, such as cooking your own meals or eating at budget-friendly restaurants.

Transport

The East Coast of Australia is well-connected by public transport, including trains, buses, and ferries. The most popular way to travel between cities is

by Greyhound bus, which offers a comfortable and affordable service. You can also fly between major cities, but this is more expensive.

Tips

Plan your trip in advance: The East Coast of Australia is a popular destination, so it's important to book your accommodation and transport in advance, especially during peak season. **Pack light:** You'll be doing a lot of walking and moving around, so it's important to pack light. Only bring the essentials and leave room for souvenirs. **Be flexible:** Things don't always go according to plan when you're backpacking, so be prepared to be flexible with your itinerary. **Have fun:** Backpacking the East Coast of Australia is an amazing experience, so make sure to have fun and enjoy the journey.

Backpacking the East Coast of Australia is an unforgettable adventure that will stay with you for a lifetime. With its stunning beaches, vibrant cities, and diverse wildlife, there's something for everyone on the East Coast. So what are you waiting for? Start planning your trip today!



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